

Innovative Strategies in Managing Shiftwork

15th International Symposium on Night and Shiftwork



10 – 13 September 2001

**Shonan Village Center,
Hayama, Japan**

SECOND Announcement



Welcome to Japan

The 15th International Symposium on Night and Shiftwork, organized under the auspices of the Scientific Committee on Shiftwork of the International Commission on Occupational Health (ICOH), will follow the good tradition of a warm atmosphere and interactive discussions. We hope to establish closer contacts and networks for fruitful future cooperation. Japan is always near to your heart. Please come and join in the exchange of knowledge and experience that will help solve problems arising from profound changes in night and shift work. The chosen venue is relatively easy to reach and will ensure a pleasant stay.

We welcome you to the beautiful Shonan Village Center in the outskirts of Tokyo. The refreshing breeze from the Pacific Ocean, the view of Japan's symbolic Mt. Fuji and the debate-provoking facilities of the center will promise you an enjoyable venue and good insight into the future of shiftwork research.

Scope and Purpose

The Symposium is intended to provide a forum for the exchange of ideas among shiftwork researchers and practitioners. It will cover a wide variety of areas related to managing night and shift work and improving the quality of working life. Special attention will be paid to new forms of work organization, risk management, health and tolerance of shiftworkers, coping measures and advances in biological adjustment. Papers on innovative strategies and new methods are most welcome.

Date and Venue

The dates of the Symposium will be 10-13 September, 2001 (Monday through Thursday). The Symposium will be held in the Shonan Village Center, Hayama, Japan, a beautiful medium-sized congress center to be reached in about one hour by train from the central part of Tokyo.

Who Should Participate

We encourage and invite researchers and experts interested in working time and health and in quality of work life issues to attend. This interdisciplinary meeting is open to basic and applied studies that address night and shiftwork from the medical, biological, behavioral, ergonomic, social and economic points of view.

Organization of the Symposium

Organized under the auspices of the Scientific Committee on Shiftwork (Chair: Prof. Simon Folkard) of the International Commission on Occupational Health (ICOH)

Cosponsor

Foundation for Advancement of International Science

Support

Japan Industrial Safety and Health Association (JISHA)

Organizing Committee

Chair: Kazutaka Kogi

General Secretary: Tsukasa Sasaki

Members:

Hattori M, Hirose T, Horie S, Itani T, Kawakami T, Kawano R, Kobayashi A, Kondo Y, Koda S, Matsumoto K, Mori K, Motohashi Y, Nakano Y, Nishiyama K, Ono Y, Saito M, Saito Y, Sakai K, Tachi N, Uehata T, Yamasaki K

Secretaries:

Matsumoto S, Muto K, Nakamura H, Nakata A, Shoji T, Suzuki K, Takahashi M, Yoshida Y, Yoshikawa T

Symposium Secretariat

The 15th International Symposium on Night and Shiftwork
c/o The Institute for Science of Labour, 2-8-14, Sugao, Miyamae-ku, Kawasaki, 216-8501, Japan
Fax: +81-44-976-8659
E-mail: jim@isl.or.jp

Important Dates

31 March	2001	Deadline for abstract submission
31 May	2001	Notice of acceptance of abstracts
30 June	2001	Early registration
10 August	2001	Final deadline for registration

Structure of the Program

The program will include plenary lectures, mini-symposia, panel discussions as well as oral and poster presentations. The working language is English.

Topics and the Call for Papers

The general theme of the symposium will be
" Innovative Strategies in Managing Shiftwork ".

Papers are welcome on the following topics:

1. Risk management at shift work
2. Managing health and tolerance of shiftworkers
3. Sleep strategy of shiftworkers
4. Advances in biological adjustment
5. Night and shiftwork and women
6. Shiftwork in developing countries
7. Flexible shiftwork systems

Symposium Site

Shonan Village Center

1560-39 Kamiyamaguchi, Hayama-machi
 Miura-gun, Kanagawa Prefecture, 240-0198,
 JAPAN

<http://www.shonan-village.co.jp/top.e.html>

It takes about 3 hours from the Narita Airport to the Shonan Village Center by train (JR line: Zushi Station) and then by bus or taxi.



The details for traveling from the New Tokyo International Airport (Narita) to the Shonan Village Center will be provided later to the participants.

Tentative Time Table

	10 Sep (Mon)	11 Sep (Tue)	12 Sep (Wed)	13 Sep (Thu)
9:00	Opening Ceremony			
10:00	Session 1	Session 3	Session 5	Session 6
11:00				
12:00	LUNCH			
13:00	Session 2	Session 4	Social Program Visit to Factory and Sightseeing	Session 7
14:00				
15:00				
16:00				Closing Ceremony
17:00	Get-together-Party	Supper	Symposium Dinner	
18:00				
19:00		Debate: The 24-hour society		
20:00				

Preliminary Scientific Program

Monday, 10 September 2001

08:00 Registration

09:00 Opening Ceremony

10:00 Session 1 Innovative strategies in managing shiftwork

Invited speakers;

Kazutaka Kogi (Japan): Healthy shiftwork, healthy shiftworkers

Peter Knauth (Germany): Process of introducing new shift systems

Ben Jansen (Netherlands): Innovative trends in shiftwork management

Minisymposium

13:00 Session 2 Risk management at shiftwork

Invited speakers;

Simon Folkard (UK) : How to reduce night accident risks

Friedhelm Nachreiner (Germany): Time-on-task effects on safety

Donald Tepas (USA) : Prevention of accidents by transport shiftworkers

Minisymposium

Poster Session

18:00 Get-together-Party

Tuesday, 11 September 2001

09:00 Session 3 Sleep/wake rhythm adjustment and health

Invited speakers;

Anders Knutsson (Sweden) : Cardiovascular risk in shiftwork

Torbjörn Åkerstedt (Sweden) : Advances in adjustment of sleep/wake rhythms
in shiftwork

Minisymposium

13:00 Session 4 Shiftwork and industrial development

Invited speakers;

Frida Marina Fischer (Brasil) : How do we support health and well-being of
shiftworkers in industrial development

Pranab Kumar Nag (India) : Shiftwork in the hot environment

Minisymposium

Poster Session

19:00 Debate : The 24-hour society

Speaking for it : Alexander Wedderburn (UK)

Speaking against it : Giovanni Costa (Italy)

Wednesday, 12 September 2001

09:00 Session 5 Shiftwork and ageing

Invited speaker;

Mikko Härmä (Finland) : Shiftwork, age and well-being: recent developments and future perspectives

Minisymposium

13:00 Social Program

Visit to Factory and Sightseeing

18:00 Symposium Dinner

Thursday, 13 September 2001

09:00 Session 6 Panel Discussion : Shiftwork of health care workers

Invited speakers;

Keiko Yamasaki (Japan) : Shiftwork in health care

Charles Gadbois (France) : Different job demands of night shifts in hospitals

Philip Bohle (Australia) : Work/non-work conflict and health of shiftworking nurses

Minisymposium

13:00 Session 7 Workshop : Computer-aided shift scheduling

Invited speaker;

Johannes Gärtner (Austria) : Interactive computer-aided design of shift schedules

Minisymposium

16:00 Closing Ceremony

Instructions for Contributors

Abstracts

Abstracts should not be longer than one page. For detailed information on the preparation of abstracts please see the enclosed instructions. The abstract, together with three copies, must reach the Secretariat by 31 March 2001.

Acceptance

The organizers reserve the right to designate papers either as oral or poster presentation. Notice of acceptance will be mailed by 31 May 2001 at the latest.

Book of Abstracts

Accepted abstracts will be published as a special issue of Shiftwork International Newsletter which will be distributed to the participants at the Symposium. Abstracts will be published only if registration fees have been paid.

Proceedings

Selected papers will be published as the Symposium Proceedings in the Journal of Human Ergology. The instructions for preparing the manuscript will be given together with the acceptance of abstracts by 31 May 2001.

Oral Presentation

The time allotted to the papers in Minisymposia and free communications will be 10 + 5 minutes, while the time allotted to the keynote speech will be 25 + 5 minutes.

Slides, overhead projector (OHP) and video projector with Microsoft PowerPoint will be available. Slide frames must be 5x5 cm in size and not thinner than 2 mm. Video projector users should bring both a 1.44-MB floppy disk that saved their presentation documents as *.ppt files and the printed documents on OHP sheets in case of troubles in the projector.

Poster Presentation

The instructions for preparing the posters will be given together with the acceptance of abstracts by 31 May 2001.

Registration

Participants (including accompanying persons) should mail or fax the enclosed registration form so that they will reach the Symposium Secretariat, c/o The Institute for Science of Labour (Fax: +81-44-976-8659) preferably by 30 June 2001. After this deadline the registration fee will be higher. The final deadline for registration will be 10 August 2001.

Please choose your options from the Symposium Package indicated on the next page. We expect that all the participants will use this package (including meals and hotel rooms) for facilitating the interaction among the participants.

In applying for accommodation, the utilization of twin rooms is advisable. Single rooms are available for 30 participants only. For twin rooms, please do not forget to write in the registration form the name of the person with whom you prefer to share the room. Otherwise, allotment of rooms may be done at random by the symposium secretariat. Kindly note that a higher registration fee is needed to stay in a single room.

The registration will be confirmed on a first-come/first-served basis, but if the room quota will be filled at Shonan Village Center, the nearest possible accommodation and transportation to the Symposium site will be provided.

Payment of Fees

All payments should be made in Japanese Yen in advance. Payments can be made by money transfer to the following account:

ACCOUNT NAME:

SHIFTWORK 2001 KAZUKO MORI

BANK:

THE SUMITOMO BANK LTD.,
SEIJO BRANCH

ACCOUNT NUMBER:

1369680

The transfer costs, including commission payment in the paying bank, have to be paid by the sender.

Please mention the participant's name on the remittance, and attach a copy of the receipt to the registration form.

The credit cards, VISA and Mastercard, will also be accepted. (Unfortunately, credit cards other than VISA and Mastercard are not accepted.)

Symposium Package

Participants

The Symposium Package for participants covers:

- registration fee
- scientific program
- book of abstracts
- subscription for the Shiftwork International Newsletter for two years
- accommodation 9 - 13 Sept. 2001 (Sunday - Thursday, 4 nights)
- breakfasts, lunches, refreshments and beverages on the Symposium days
- supper on Wednesday, 11 Sept. 2001
- Get-together Party on Monday, 10 Sept. 2001
- Participants' tour
- Symposium Dinner on Thursday, 12 Sept. 2001

Participation fees

	Until 30 June 2001	After 1 July 2001
in shared twin room	70,000 Yen	80,000 Yen
single room	80,000 Yen	90,000 Yen

Accompanying persons

The Symposium package for the accompanying persons covers:

- accommodation 9 - 13 Sept. 2001 (Sunday - Thursday, 4 nights)
- breakfasts, lunches, refreshments and beverages on the Symposium days
- supper on Wednesday, 11 Sept. 2001
- Get-together Party on Monday, 10 Sept. 2001
- Participants' tour
- Symposium Dinner on Thursday, 12 Sept. 2001

Participation fees

	Until 30 June 2001	After 1 July 2001
in shared twin room	60,000 Yen	70,000 Yen
single room	70,000 Yen	80,000 Yen

Extra Night : 8/9 Sept. 2001

Reservation for extra night at Shonan Village Center is possible for the night 8/9 Sept. 2001. The extra night is only available in the same category as during the Symposium (e.g. single room, shared twin room). The price includes bed and breakfast.

- single room 9,900 Yen/ person
- in shared twin room 8,800 Yen/ person

When you require an extra night accommodation for 8/9 Sept. 2001, please indicate this on the registration form.

Attention : Reservation for the night 13/14 September and thereafter is **not** available.

Confirmation

Confirmation letters or E-mail will be sent to participants in the order in which the registration forms and payments are received.

Cancellation Terms

Cancellation of registration:

per cent of Symposium package price refunded:

by 10 August	2001	40 per cent
by 31 August	2001	20 per cent
after 1 September	2001	0 per cent

Cancellation should be made in writing and sent to the Symposium Secretariat, **-not Shonan Village Center-**.

Registration at the Venue

Registration at the Symposium will take place at Shonan Village Center on Monday, 10 September 2001, from 08.00 o'clock.

Social Program

Get-together Party

Monday, 10 September, 2001 at Shonan Village Center.

Participants' Tours

Wednesday, 12 September, 2001, 13.30 -

- Visit to the Yokohama thermal power plant
- Sightseeing in the ancient city Kamakura

Symposium Dinner

Wednesday, 12 September, 2001 at a Japanese restaurant in Kamakura.

Special Program for Accompanying Persons

Sightseeing tour

Kamakura, Yokohama, Yokosuka, Hayama, Miura (Famous tuna fish market), etc.

The folklore entertainment.

Japanese harp musical performance
Japanese tea-serving
Art of folding paper (*Origami*)
Hayama-style Japanese drum play, Calligraphy
Dressing Japanese clothes (*Kimono*)

Application for the tour or entertainment events for accompanying persons may be done after arrival at the Symposium venue.

Contact

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216-8501, Japan
Fax: +81-44-976-8659
E-mail: jim@isl.or.jp
<http://www.isl.or.jp/symp2001.htm>